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## Sounding the Depths of Penile Pleasure

### I. Types of sounds

#### A. Rosebud



#### B. Pratt



#### C. Hegar



D. Dittle



E. Van Buren



II. Where to buy sounds

A. There are now lots of sites on the internet that sell sounds.

B. We buy our sounds at Rainbow Ropes ([www.kinkymedical.net](http://www.kinkymedical.net)).

1. We have found their products to be of good quality.
2. They offer individual sounds as well as sets, which means you can buy exactly the sounds you know you like to use.
3. They are available in person and the Crucibles LF&P, at Camp Crucible and at other events.

C. I had a chance to look at the sounds from [amazon.com](http://amazon.com).

1. The price is the lowest I have found.
2. The quality appears to be good.
3. Consumer reviews online indicate they are hollow, which may mean they lack the weight to slide in with gravity the way we demonstrated.
4. The sets I looked at had about half of the sounds in sizes I would not normally use.

### III. Risks and dangers

#### A. Infection

1. Clean instruments and techniques can minimize this risk, but the risk of infection is always present when inserting something into the body, even in a medical setting.
2. If there are any signs of infection, including discharge, fever, cramping, burning that does not resolve within a day, or ongoing discomfort with urination, seek medical attention. Be honest about your activities that could have contributed to the infection.
3. To help minimize risk of infection, urinate immediately after completing the scene and drink plenty of water.

#### B. Urethral damage

1. The greatest danger is tearing or puncture of the urethra.
2. To minimize this risk:
  - a) Use only sounds that are specifically designed for this purpose. Household items should never be inserted in the penis.
  - b) Use only sounds that are large enough to have a rounded end.
  - c) Allow the sound to slide through the penis by gravity alone.
  - d) NEVER push the sound.
  - e) If there is resistance, stop at that point.
  - f) If there is pain, stop and gently remove the sound.
3. If there is any sign of urethral tear or puncture, including blood, swelling, bruising, or pain, seek immediate medical attention and be very clear about exactly what play you were doing leading up to the injury.
4. For more information: <http://www.urologyhealth.org/urology/index.cfm?article=44>

### IV. Keeping it clean

- A. Clean vs sterile - while we never have access to a sterile environment in our play spaces, it is important to keep your equipment and space as clean as possible.

## B. Sounds

1. Wash your sounds soon after play with water and soap to remove body fluids and lube.
2. Disinfect your sounds by soaking for 30 minutes in a solution of one part bleach to ten parts water or a medical grade disinfectant. Do not use a metal container if you are using bleach.
3. Rinse the disinfectant off the sounds.
4. Sterilize
  - a) Autoclave
    - (1) Best choice
    - (2) Not easily available to most people
  - b) Pressure cooker
    - (1) Wrap sounds in sterile paper or cloth.
      - (a) I use a piece of cotton cloth that is bleached before use.
      - (b) Sterile autoclave paper is available online.
    - (2) Cook at full pressure for 30 minutes.
    - (3) Place wrapped package in 500 degree oven long enough to dry.
    - (4) I use a 16 qt pressure cooker - available online.
  - c) Oven
    - (1) Not as effective
    - (2) Wrap as for pressure cooker.
5. Protect - as soon as they are cool enough to be safe in plastic, using clean, gloved hands, place in a new ziploc bag until ready to use.

## C. Space

1. Drape the area in a clean stretcher sheet or chux pad.
2. Keep the sounds on the wrapper before they are used.
3. Place used sounds in a bag away from the unused sounds.
4. Wash your hands before starting.
5. Wear gloves
  - a) Boxes of gloves may be relatively clean but are not sterile.
  - b) You can buy sterile gloves.
6. Touch only the handle end of the sound.

#### V. How to do it - demo

- A. If you have never inserted a sound before I strongly recommend having an experienced person guide you through the process the first time.
- B. Have the recipient lie or recline in a comfortable position.
- C. Prepare a clean work area as described above.
- D. Lay the sounds out on the wrapper on top of the sheet or chux.
- E. Place a generous dollop of lube on the tip of the penis.
  1. If using lube from a container drop the lube from above the penis so that the container of lube does not become contaminated. Only use lube that you know has been handled properly.
  2. Better - use packets of sterile lube.
- F. Lubricate the first portion of the sound with the lube on the tip of the penis.
- G. Using your gloved fingers spread the opening of the urethra slightly so you can see where you are inserting the sound.
- H. Support the penis in an upright position in your non-dominant hand while you gently insert the tip of the sound into the penis.
- I. Once the tip of the sound is inside the urethra, hold the sound loosely so that you can support and guide it without putting any pressure on it.
- J. Allow gravity to pull the sound into the penis as you support it with your hand to keep it from falling back out.
- K. Adjust the angle of the penis slightly to help the sound find its natural path.
- L. NEVER push the sound.

#### VI. How it feels - demo

- A. If you have never received a sound before I strongly recommend having an experienced person insert your first sound.
- B. There may be a slight burning from the lube and the slight stretching.
- C. There should not be any pain.
- D. There is likely to be a highly pleasurable sensation as the sound reaches and moves within the prostate.
- E. Depending on the size of the sounds used and the extent of the play, there could be a bit of light blood tinge and burning for a short time after play.
  1. The blood should not be bright red or in any quantity.
  2. Burning should not last long or get worse

## VII. Aftercare

- A. Get bottom solid before letting him stand up.
- B. Make sure bystanders are all still upright.
- C. Have recipient urinate to wash out urethra.

## VIII. References

- A. Good sources of information
  - 1. <http://public.diversity.org.uk/deviant/bfsound.htm>
  - 2. <http://barkingshaman.com/2012/08/21/how-to-use-urethral-sounds/>
  - 3. <http://ezinearticles.com/?Sounding---Male-Sexual-Pleasure&id=6680740>
- B. Bizarre stories
  - 1. <http://www.thedailybeast.com/articles/2013/08/20/sounding-takes-off-but-injuries-fork-in-the-penis-are-inevitable.html>
  - 2. <http://goaskalice.columbia.edu/cock-stuffing>
- C. Video - for effect rather than training or demo - <http://news.bme.com/2006/10/19/yes-he-fits-the-whole-thing/>

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